#### The first Happy Schools International Symposium



# HANDBOOK

For International Guests attending the symposium

#### TIME

From 1.00 pm (3rd, April, 2023) to 12.30 pm ( 6th April,2023)

#### AVENUE

Hue Pedagogical University, 34 Lê Lợi, Huế City, Thừa Thiên Huế Province, Việt Nam

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### MESSAGE FROM ORGANIZING BOARD



Dear our distinguished guests,

We live in a time of rapid changes and of disruption. The next generations will face unprecedented challenges, from climate change and ecological destruction to the rise of Artificial Intelligence and a complete remodeling of the job market, and of the workplace.

The current educational model is responding to yesterday's situation, but to face the future with confidence, we need to rethink the role, methods, and function of education to equip the young people with the skills and competencies needed to meet these challenges

To give but a few examples, how can we move from competition to collaboration, from logical data analysis to creativity and innovation, from narrow intellectual intelligence to multiple intelligence, from mere academic knowledge, to developing Head, Heart, and Hand in harmony. In short, moving from a limited "ego-system awareness" to a holistic "Ecosystem awareness". These challenges are not specific to Vietnam, they can be observed worldwide and the Covid crisis has highlighted the urgency to transform education.

UNESCO has defined the Happiness of children and students as an important priority for all member states. Focusing on the wellbeing of teachers and students is a powerful first step towards rethinking the education system. The Happy Schools project has created a teacher training curriculum and has supported the implementation in pilot schools from grade 1 to 12. Based on this experience, the Symposium will focus on "Happiness Skills" in education: Mindfulness, Social and Emotional Learning, Emotional intelligence, Education towards Sustainability.

The recent Happy Schools event in Danang with over 400 school principals from 50 provinces in Vietnam is a testimony of the growing interest for these questions in the educational community.

The first International Symposium on Happy Schools 2023 in Hue - Vietnam is a close collaboration between Hue University of Education, Hue University and ELI with the participation of many prestigious speakers and planners Policymaking at home and abroad will bring a new perspective on building Happy Schools so that we all have the same mindset and way of acting to create a better future for Vietnamese schools in particular and Vietnam Education in general.

# Objectives of the symposium

- To celebrate the completion of the pilot phase of the Happy school program in Thua Thien Hue province, share the lessons learned and review the assessment conducted by University of Education, Hue University.
- To acknowledge the progress and to further develop the Happy Schools project in Vietnam
- To host an international high-level meeting with researchers and practitioners working in the field of Social and Emotional Learning (SEL), Mindfulness, Happiness, and Sustainability in education.
- To produce and document an overview of the scientific research, as well as implementation projects in this field.
- To create an international network of researchers and practitioners who can support each other and learn from one another.
- To involve policy makers in Vietnam and internationally to reflect on the best ways to include Happiness and Wellbeing of teachers and students in the overall educational strategy and policy.

Once again, the Organizing Committee of the First International Symposium Happy Schools 2023 would like to thank and express gratitude to the Ministry of Education and Training, the authorities of Thua Thien Hue Province, the Departments of Education and Training of the provinces, teachers, education managers, partners, sponsors, press agencies who have accompanied, supported and helped us spiritually and materials for the first Happy Schools Symposium 2023 to take place successfully.

Warmly welcome and wish you have meaningful and happy working days in our beautiful and ancient city of Hue.

2 AGENDA

### Monday, 3rd April

13:00 - 14:00	Welcoming guests & Registration	
14:00 – 15:00	<b>Opening ceremony</b> Performances / Opening speeches	
15:00 - 16:00	Keynote 1: Dr. Ha Vinh Tho & Andreas Schleicher Videos ELI Happy School and its implementation	
16:00 - 16:15	Short break	
16:15 - 16:45	<b>Keynote 2: Dr. Edith Favoreu</b> Happy School Switzerland (Inspire): Scientific foundation and implementation process	
16:45 - 17:30	Social moment with snacks - Networking	

### Tuesday, 4th April

7:30 - 9:00	Oral presentations of papers
9:00 - 9:30	Tea break & gallery walk
9:30 - 11:30	Workshops
11:30 - 13:00	Lunch break
13:00 - 13:10	Icebreaker activities
13:10 – 13:30	Video presentation: Dr. Dzung Vo Mindfulness and mental health of adolescents
13:30 – 14:15	Keynote 3: Dr. Russia Ha Vinh Leuchter Mindfulness for vulnerable children only?
14:15 – 14:45	Tea break & gallery walk
14:45 - 15:00	<b>Video presentation: Dr. Olga Klimecki</b> The power of compassion to strengthen altruism, positive emotions, and conflict resolution
15:00 – 15:15	Quick Reflection & Recap
15:15 – 16:00	<b>Keynote 4: Dr. Nguyen Van Hoa</b> Building happy schools in Nguyen Binh Khiem Education System, Cau Giay, Ha Noi
16:00 - 17:00	Reflections on the day

#### Wednesday, 5th April \_\_\_\_\_

7:30 - 8:00	Icebreaker activities	
8:00 - 8:45	Keynote 5: Core Teachers of Happy School Project in Thua Thien Hue The process of implementing and building for Happy schools in Thua Thien Hue	
8:45 - 9:30	<b>Keynote 6: Prof. Tran Thi Tu Anh</b> Happy School Project in Thua Thien Hue province: Impact evaluation	
9:30 - 10:00	:30 – 10:00 Tea break & gallery walk	
10:00 - 11:30	Oral presentations of papers	
11:30 - 13:00	Lunch break	
13:00 - 15:00	Workshops	
15:00 - 15:30	Tea break & gallery walk	
15:30 - 16:30	Reflections on the day	
18:30 – 21:00	Gala dinner	

#### Thursday, 6th April

7:30 - 8:00	Icebreaker activities	•
8:00 – 8:45	<b>H.E. Thakur S. Powdyel</b> "My Green School: a pathway for restorative Learning: some reflections"	
8:45 - 9:30	<ul> <li>Video presentation:</li> <li><b>1. Andreas Schleicher:</b></li> <li>What Skills to meet the challenges of our time?</li> <li><b>2. Yao Ydo:</b></li> <li>Happy Schools with the UNESCO framework</li> </ul>	
9:30 – 10:00	Tea break &gallery walk	
10:00 - 11:00	Panel discussion	
11:00 - 11:30	Launch of Happy School online & Book Introducing	
11:30 - 12:00	Closing ceremony	

### KEYNOTE SPEAKERS



### DR. HA VINH THO

- The Happy Schools Symposium 2023 is honored to introduce another distinguished speaker: Dr. Ha Vinh Tho
- Founder and President of Eurasia Institute of Happiness and Well-being Eurasia Learning Institute (ELI), founder of The Peaceful Bamboo Family.
- Former Program Director of the Gross National Happiness Center in Bhutan.
- Formerly Head of Training, Learning and Development at the International Committee of the Red Cross.
- Director of the College of Social Work and Special Education in Switzerland.
- A core member of the Mind and Life Institute, participating in the development of his "Call to Care" training program.
- Developer of the "Happy Schools" program in Vietnam.

In Happy Schools Symposium 2023, he will deliver the keynote about "ELI Happy School and its implementation"



- A co-director of the research certificate (CAS) on 'Happiness in Organizations/Societies' - developed in partnership between ELI and Geneva Management School.
- PhD in Comparative Law (public law)
- A training manager at Bioforce, Eirene, Isago from 2005.
- A training coordinator and deputy director in CERAH (University of Geneva-Graduate Institute) in 2010
- One of the leadership teams of the Humanitarian Encyclopedia Project.
- A coordinator of the Total National Happiness movement in Switzerland in September 2016.
- A member of Eurasia since 2014& A veteran consultant at ELI.

#### Her Presentation

"Happy School Switzerland (Inspire): Scientific foundation and implementation process "

### KEYNOTE SPEAKERS



- A developmental pediatrician, currently a Senior Doctor in the Development and Growth Department of the University Hospital of Geneva.
- Since 2005, she has been involved in numerous research projects studying the early development of the human brain, in particular the effects of prematurity, collaborating with Prof. P. Hüppi's research group that applies quantitative and functional neuroimaging techniques to infants from birth onwards.
- She is currently leading a research project on the effect of a mindfulness intervention for teenagers born preterm, especially on their emotional regulation and cognitive abilities.
- At the "Centre du développement de l'enfant des HUG", her specialized clinical expertise are developmental disorders at school age and early child behavior for sleep problems and crying in babies.
- She has recently engaged in creating an association for the specialized treatment of complex developmental disorders in collaboration with HUG (AGAThE).

Her presentation

" Minderfuless for vunerable children ....Only?



 In partnership with Dr. Jake Locke, Dr. Vo co-developed MARS-A (Mindful Awareness and Resilience Skills for Adolescents), an eight-week mindfulness training program for adolescents with depressive symptoms, with or without other co-occurring chronic illnesses or chronic pain.

#### **TS. DZUNG VO**

- Clinical Associate Professor in Pediatrics, Division of Adolescent Health and Medicine, Department of Pediatrics, at BC Children's Hospital and the University of British Columbia in Vancouver, Canada
- Dzung X. Vo, MD, earned his medical degree from the University of Pennsylvania. He completed his residency in Pediatrics and fellowship in Adolescent Medicine at the University of California, San Francisco.
- His main clinical and research areas of interest are in stress and health, resilience, and mindfulness-based interventions with youth.
- In his role as a medical educator, Dr. Vo is the Director of the Adolescent Medicine Subspecialty Residency (Fellowship) Program at BC Children's Hospital, and also provides leadership in training medical students and residents in adolescent health.
- He is the author of "The Mindful Teen: Powerful Skills to Help You Handle Stress One Moment at a Time" (New Harbinger Publications, publication date: April 1, 2015).

His video presentation

"Mindfulness and mental health of adolescents"

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### KEYNOTE SPEAKERS



#### DR.OLGA KLIMECKI – LENZ

- PhD in Psychology in University of Zurich and Master in Neuroscience from University College London.
- Olga Klimecki's research focuses on promoting sustainable development goals i) peacebuilding, ii) high-quality education, and iii) health and well-being.
- She is currently the interim team leader at the German Center for Neurodegenerative Disease (DZNE), Dresden.
- She was a faculty member in psychology and political sciences at the University of Geneva, Switzerland, from 2016 until 2020.
- In 2020 and 2021 she was a guest professor in psychology at Technische Universität Dresden, Germany.
- Olga received several awards, including the Early Career Award from the Society for Social Neuroscience in Washington DC in 2014 and a Marie-Curie fellowship from the European Commission.

#### Her video presentation

"The power of compassion to strengthen altruism, positive emotions, and conflict resolution"



If you force children to do things they are not good at, it is no different from "making fish climb a tree". In my opinion, the concept of education for the sake of human development needs to be taken seriously. Once the pressure in teaching and learning is reduced, by default, then there is no violence. Students who are cared for and respected for their differences will be happy."

#### **DR. NGUYEN VAN HOA**

- He graduated valedictorian in Physics, Hanoi National University of Education in 1982
- At the age of 56, he obtained a doctorate in physics
- Founded Nguyen Binh Khiem Private High School in 1993 at the age of 47, with empty hands and the desire to establish a career and assert himself.
- Chairman of the Board of Directors of the High Quality Education System Nguyen Binh Khiem.
- He is also on the advisory team for the program "Our teachers have changed" of VTV7.
- Dr. Nguyen Van Hoa shared that a prerequisite for building a happy school is not to put pressure on teachers and students, and to respect differences.
- "I want teachers to realize that each child is a completely separate spiritual world. Each child has their own unique abilities that we do not know yet. The teacher's job is to help students discover and find their own abilities. When they have found their ability, forte and develop that capacity, then they will be truly successful.

*His presentation at the Symposium* 

"happy school Implementation at Nguyen Binh Khiem and Experience"





### **CORE TEACHERS IN HUE**

### Dr. Nguyen Phuoc Cat Tuong

Research field in Psychology in Belgium - Currently working at the Department of Educational Psychology, Hue University of Education, Hue University. She has participated and has scientific research papers on Social-emotional education, mental health... Joining the Happy School project in Thua Thien Hue province since 2018; There have been international publications related to social-emotional learning and Mindfulness.

#### Ma. Vo Thi Phuong Trang

Teacher at Cao Thang High School, Thua Thien Hue. Participating in the Happy School project in Thua Thien Hue province since 2018, for many years guiding students to participate in scientific and technical research in the field of behavioral social sciences, won high prizes.

#### Ths. Nguyen Thi Diep

Teacher at Cao Thang High School, Thua Thien Hue. Participating in the Happy School project in Thua Thien Hue province since 2018, for many years guiding students to participate in scientific and technical research in the field of behavioral social sciences, won high prizes.

### Dr. Nguyen Dang Nhat

Lecturer at Faculty of Engineering and Technology - Hue University.

### Tran Khanh Hoang

,A student of grade 12B2 at Cao Thang High School, has participated in the happy school practice at Cao Thang High School since 2020, participating in a research project on Training listening skills to improve mental health for children. High school students during the COVID-19 pandemic won the third prize at the provincial level in 2021-2022; Participating in the research on Anger Management - Solutions to prevent school violence for high school students won the first prize at the provincial level in 2022-2023

### Ngo Dinh Yen Nhi

A student of class 10A3 at Cao Thang High School, has been participating in the happy school practice at Cao Thang High School since 2023, Participates in a research on the topic of Anger Management - Solutions to prevent school violence for high school students to win the first prize at the provincial level in the school year 2022-2023.

The core teachers' presentation

The process of implementing and building for Happy schools in Thua Thien Hue

### KEYNOTE SPEAKERS



### DR. TRAN THI TU ANH

- PhD in Psychology at Flinders University, Australia.
- Former Senior Lecturer, Department of Psychology and Education, University of Education, Hue University.
- She has taught Psychology subjects to undergraduate and postgraduate students at Hue University and other universities in Vietnam for over 33 years, and was an exchange lecturer at ELTE University, Hungary and Rovira i Virgili University, Spain.
- Her research areas include teaching and learning, coping skills, school psychology, capacity building for teachers, professional learning community, educational management... and more recently, call to care, social-emotional learning.

Her presentation

"Hue Happy Schools impact assessment".



 Professor Powdyel has often been described as the most widely foot-traveled education minister in the world. He sits on several important international boards, juries, and panels.

#### His presentation is

"My green School: a pathway for restorative Learning: some reflections"

#### HE. THAKUR S.POWDYEL

- Former Minister of Education, Royal Government of Bhutan
- President of Royal Thimphu College
- Thakur S Powdyel was awarded Gusi Peace Laureate as an educator.
- Professor Powdyel has traveled across the length and breadth of his beautiful country and represented Bhutan at many important fora around the world to strengthen the role of education.
- He has been awarded an Honorary Doctorate in Innovation Education for his significant contribution to global education thought.
- The author of the book, "My Green School", has been translated into some 18 major languages around the world and taught at many institutions. Other books by Professor Powdyel include "As I Am, So Is My Nation", "Gyal-Khab: Reflections on State, Citizen, and Citizenship Education", "Right of Vision & Occasional Views", "Moments, Milestones, Memories", and "The Light of My Life" (principal author).
- Professor Powdyel is also a recipient of the Distinguished Service Award, Global Education Award, and Institutional Award: the Honour of Druk Thuksey, for his contribution to nation-building and advancement of holistic learning at home and beyond.

### KEYNOTE SPEAKERS



 She served as an advisor to the British Columbia (BC) Ministry of Education on the development and implementation of the redesign of the Curriculum and Assessment Framework that focuses on the promotion of student's personal and social competencies (SEL) and was an Expert Advisor to the Organization for Economic Co-Operation and Development's (OECD) Education 2030 initiative.

#### Her video Presentation

"Evidence based impact of SEL in Education".

### TS. KIMBERLY SCHONERT - REICHL

- NoVo Foundation Endowed Chair in Social and Emotional Learning
- Professor in the Department of Psychology at the University of Illinois at Chicago
- Kim is the recipient of several awards, including the 2021 Janusz Korczak Medal for Children's Rights Advocacy, the 2019 Postsecondary Leader of the Year Award - Canadian Edtec, the 2015 Joseph E. Zins Distinguished Scholar Award for outstanding SEL research, etc,.
- She has over 175 publications in scholarly journals, book chapters, and reports, has edited two books on mindfulness in education, has presented over 300 research papers at scholarly conferences, and has given over 400 presentations on the topic of children's social and emotional development and SEL to educators, parents, policymakers, and community members.
- Kim is a Board Member of the Collaborative for Academic, Social, and Emotional Learning (CASEL), a Steering Committee Member for Karanga: The Global Alliance for SEL and Life Skills, the Chair of the Scientific Research Advisory Committee for the Goldie Hawn Foundation, and an advisor to UNESCO's Mahatma Gandhi Institute of Education for Peace and Sustainable Development (MGIEP) on social and emotional learning.
- Kim's research has been highlighted in major outlets including The New York Times, The Washington Post, Le Monde, The Wall Street Journal, Time Magazine, and many more.
- Since 2006, Kim has been invited to participate in several dialogues with the Dalai Lama on the themes of cultivating compassion and educating the heart.



#### **DR. ANDREAS SCHLEICHER**

- Director for Education and Skills at the Organisation for Economic Co-operation and Development (OECD)
- He holds an honorary Professorship at the University of Heidelberg.
- Before joining the OECD, he was Director for Analysis at the International Association for Educational Achievement (IEA).
- He initiated and oversees the Programme for International Student Assessment (PISA) and other international instruments that have created a global platform for policy-makers, researchers, and educators across nations and cultures to innovate and transform educational policies and practices.
- He has worked for over 20 years with ministers and education leaders around the world to improve quality and equity in education.
- He is the recipient of numerous honors and awards, including the "Theodor Heuss" prize, awarded in the name of the first president of the Federal Republic of Germany.
- Former UK Secretary of State Michael Gove called Schleicher "the most important man in English education" – even though he is German and lives in France.

His video Presentation

"What Skills to meet the challenges of our time? "



#### Ph.D. YAO YDO

- Ph.D. in Linguistics and Language Didactics from the University of Grenoble (France) and a Master's in English from the University of Ouagadougou and has a Postgraduate Diploma in Diplomacy and Strategic Studies from the Center for Diplomatic and Strategic Studies in Paris.
- Prior to joining the IBE, Mr. Ydo worked at the Multisectoral Regional Office of UNESCO in Abuja, where he was Regional Director, and represented the Organization for ECOWAS.
- With more than 23 years of experience at UNESCO, Mr Ydo began his career at Headquarters in Paris, in the Basic Education and Literacy sector in 1997, as Associate Expert. His professional experience was acquired in the field in various UNESCO offices in Mali, Cameroon, the Democratic Republic of Congo, and Senegal.
- Mr.Ydo is a laureate of the National Order of Merit, awarded by the Ivorian Minister of Culture and Francophonie, and is a Knight of the National Order of Merit in Education, a title awarded by the Minister of National Education of Côte -d'Ivoire, for work done by UNESCO

His video presentation

" Happy Schools with the UNESCO framework"



### WORKSHOPS

No	Person in charge	Workshop Name/ Link to WS Info list	Time	Room Number
1	Edith, Vy, Core teacher	Social Emotional Learning ( SEL) in education	9.30 - 11.00 am Date 4 <sup>th</sup> Apr, 1.30 - 2.30 pm Date 5 <sup>th</sup> Apr	WS 1: P III.3 (3rd floor )
2	Trần Minh Khánh	Application happy school in special education and social therapy	9.30 - 11.00 am Date 4 <sup>th</sup> Apr, 1.30 - 2.30 pm Date 5 <sup>th</sup> Apr	WS 2: P IV.2 (4th floor )
3	Phuong-Thao Ngo	Joy in re-connection to nature	9.30 - 11.00 am Date 4 <sup>th</sup> Apr, 1.30 - 2.30 pm Date 5 <sup>th</sup> Apr	WS 3: P III.4 (3rd floor )
4	Chiêu Anh Phuong Hoai	"A healthy teacher- student relationship can change the class climate"	9.30 - 11.00 am Date 4 <sup>th</sup> Apr, 1.30 - 2.30 pm Date 5 <sup>th</sup> Apr	WS5: P III.2 (3rd floor )
5	Ursula	THEORY U – The Art of Designing Social Processes for Learning from the Future.	9.30 - 11.00 am Date 4 <sup>th</sup> Apr, 1.30 - 2.30 pm Date 5 <sup>th</sup> Apr	WS6: P IV.1 (4th floor )
6	Helga	Mindfulness, Self- Compassion and Creativity	9.30 - 11.00 am Date 4 <sup>th</sup> Apr, 1.30 - 2.30 pm Date 5 <sup>th</sup> Apr	WS7: P IV.3 (4th floor )
7	Deki Choden	DFC for public schools	9.30 - 11.00 am Date 4 <sup>th</sup> Apr, 1.30 - 2.30 pm Date 5 <sup>th</sup> Apr	WS8: P III.5 (3rd floor )
8	Orlaith O'Sullivan	Teaching by Being: embodying mindfulness and sharing it naturally		WS9: P II.4 (2nd floor )

### RESEARCH REPORTS PRESENTATION



### **MENTAL HEALTH**

(ROOM 1, MORNING 4TH APRIL, 2023; FROM 7:30 AM TO 9:00 AM)

No	AUTHOR/S	PRESENTATIONS
1	Hoàng Thế Hải, Lê Thị Hiền	The reality of the use of methods and tools to identify mental disorders in students of secondary school teachers
2	Phạm Tiến Sỹ	Peer attachment and mental health among students
3	Đỗ Thị Lệ Hẳng, Nguyễn Thị Phương Hoa, Phan Thị Mai Hương, Lê Thị Linh Trang	Happy schools: Being reflected from the teacher's mental health
4	Lê Thanh Hà, Đào Thị Diệu Linh	Effect of self-compassion on students' mental well- being

Secretary: MA. Nguyễn Thanh Bình

### **SOCIAL EMOTIONAL LEARNING**

(ROOM 2, MORNING 4TH APRIL, 2023; FROM 7:30 AM TO 9:00 AM)

No	AUTHOR/S	PRESENTATIONS
1	Tôn Thất Minh Thông Nguyễn Phước Cát Tường	Socio-emotional competence of parents of primary school students in Hue city
2	Nguyễn Thị Ngọc Châu	The "Thinking" Project and social-emotional education model in high schools
3	Nguyễn Thị Ngọc Giàu, Nguyễn Phước Cát Phượng, Đặng Thị Thanh Tâm	Implementing emotional education course in the training program - A development of emotional capacity for students of Communications and Design Faculty, University of Technology, Ho Chi Minh City
4	Lương Dũng Nhân	Improving the psychological well-being of high school students with emotional, social and ethical education model



### RESEARCH REPORTS PRESENTATION

#### **TOPIC 3** JOURNEY TO WELL-BEING AND HAPPINESS 1

(ROOM 3, MORNING 4TH APRIL, 2023; FROM 7:30 AM TO 9:00 AM)

No	AUTHOR/S	PRESENTATIONS
1	Trần Thị Quỳnh Nga, Hoàng Thụy Bích Thủy, Nguyễn Minh Thanh Nhàn	Happiness from the "reading with children" journey
2	Uông Thị Lê Na, Nguyễn Quỳnh Dung	Feeling happy at school of students in junior high schools in Dong Xoai city, Binh Phuoc province
3	Lương Nguyễn Quỳnh Trang, Phan Nguyễn Phương Uyên, Trần Thị Lý, Nguyễn Phước Cát Tường, Lê Hoàng Phương Vỹ, Bùi Kim Ngân, Nguyễn Phước Hải	Practicing emotional self-awareness skills to cope with psychological problems during the covid-19 pandemic – An action research from Huong Vinh High School, Thua Thien Hue province
4	Nguyễn Phúc Lộc	Building a happy school by starting with love and respect – The experience of Nghia Thang Junior High School, Tu Nghia district, Quang Ngai province

Secretary: Trương Thị Thu Thảo

#### **TOPIC 3** JOURNEY TO WELL-BEING AND HAPPINESS 2

(ROOM 3, MORNING 5TH APRIL, 2023; FROM 10:00 AM TO 11:30 AM)

No	AUTHOR/S	PRESENTATIONS
1	Trần Minh Phúc, Nguyễn Thị Trâm Anh	Adversity Quotient of students of Da Nang University
2	Dương Thị Thu Thủy, Lý Trực Quang Minh, Đặng Kiều Diễm	Developing goal-setting skills for high school students through experiential activities
3	Võ Thị Phương Trang, Nguyễn Thị Điệp, Nguyễn Đăng Nhật, Trần Khánh Hoàng, Ngô Đinh Yến Nhi, Nguyễn Phước Cát Tường	Anger management skills training: A solution to school violence among high school students
4	Hà Lê Kim Anh, Nguyễn Thị Thu Dung, Đào Thị Diệu Linh	Training course "Inspiring educators" and transforming internal resources for teachers and learners of the University of Foreign Languages, Vietnam National University, Hanoi

### RESEARCH REPORTS PRESENTATION

### **DEVELOPING HAPPINESS SKILLS**

(ROOM 1, MORNING 5TH APRIL, 2023; FROM 10:00 AM TO 11:30 AM)

No	AUTHOR/S	PRESENTATIONS
1	Nguyễn Phước Cát Tường, Trần Thị Tú Anh, Đinh Thị Hồng Vân, Nguyễn Tuấn Vĩnh, Nguyễn Ngọc Quỳnh Anh, Nguyễn Thị Quỳnh Anh	Gratitude education for children happiness – Perspectives from the international evidence- based research
2	Lê Hữu Lộc, Nguyễn Tuấn Vĩnh	Gratitude education for grade 2 students in primary schools in Tuy An district, Phu Yen province
3	Nguyễn Thị Quyên, Nguyễn Thị Ánh Hà, Nguyễn Phan Nhã Uyên, Nguyễn Thị Huyền Trâm, Nguyễn Phước Cát Tường	Gratitude in adolescents– A explorary study on the students of Nguyen Truong To High School, Hue city
4	Nguyễn Thị Điệp, Võ Thị Phương Trang, Nguyễn Đăng Nhật, Nguyễn Trần Diễm Phúc, Mai Thị Diệu Huyền, Nguyễn Phước Cát Tường	Practicing empathy skills as a mental health promotion strategy for adolescents

### HAPPY SCHOOLS EXHIBITION

6

- ELI global ( ELI Thụy Sĩ, ELI Huế và ELI Hà Nội)
- High School Cao Thắng -Thừa Thiên Huế
- High School Nguyễn Trường Tộ Thừa Thiên Huế
- Wardolf
- Education System Nguyễn Bỉnh Khiêm Hà Nội
- Tịnh Trúc Gia Thừa Thiên Huế
- Sponsor Biti's & IDP

## GALA DINNER AT TỊNH TRÚC GIA

Tinh Truc Gia is a safe educational space for special children where you are able to experience the children's studying, life space and biodynamic environment.

- Total guests: 260 people
- Time: 6.30 pm 9pm
- Food:

All the guests will be served vegetarian food cooked by TTG chef.

• GUNU band/ music performances by guests and GUNU band

#### Notices

- No plastic waste/ or plastic bottle.
- No photo with the students without their acceptance; photo with landscape and a group of students with teacher's acceptance.
- Dress: gentle/casual suit/ao dai.



### IMPORTANT NOTES

#### TIME

- Pls follow up the Symposium Schedule/workshops/research presentations on time
- Check in at the reception desk on the 1st day of Symposium:
- Online guests from The North/the Middle/The South using QR code to check in at
  - + Foreign guests/sponsors check in at the reception desk.
  - + Local Authorities/ Ministry/MOETS at the reception desk.
  - + Media Press at the reception desk.

#### LOCATIONS IN SYMPOSIUM:

- + Main Hall : opening/closing ceremony and warm up/sum up each day.
- + Rooms for workshops/research presentations at Block P (floor 3 -4)
- + Happy schools exhibition at the lane between the Main Hall and the Block P.

#### DRESS

Gentle- casual; ao dai dress for women (opening/closing ceremony); T-shirt for men.

#### TRANSPORTATION AND MEALS \_

- + Online registers cover them self during the Symposium;
- + For Gala at TTG (203 registers), Organizing Board will pick all by bus at Hue Uni's

Gate at 6.pm to drive to TTG (20 minutes)

+ Gala Time: 6.30 pm -21pm.

#### THE WEATHER

The weather in Hue from the 3rd – 6nd, April, 2023: around 35-37 Census, sunny and hot. You are well noted to wear suitable clothes:

- + the main Hall: no air condition
- + The workshop's rooms: air condition/fans equiped



### HOTLINE CONTACTS

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MS HOA LINH

0973308785

MS QUÌNH

On behalf of the Organizing Board, we sincerely thank you very much for your special attention to our Symposium.

It's our privilege to welcome all of you to Hue ancient with a happy experience of Symposium.

HAPPY STUDENTS AT THE EDUCATION AND SCIENCE EXPERIMENTAL SCHOOL